



THE WELCOME PLACE
Mount Carmel Lutheran Church

EVANGELICAL LUTHERAN CHURCH IN AMERICA
 8424 West Center Street • Milwaukee, WI 53222-4798
 The Reverend Richard W. Johnson • The Reverend Maren Hooper

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 Church Office Hours: Monday-Friday 8:30 a.m.-Noon; 1-5 p.m.

Tidings Monthly Newsletter - July / August 2011

SUMMER

WORSHIP SCHEDULE

Saturday evening at 5:00
Sunday morning at 9:00

- Holy communion offered at both services each week
- Nursery care available Sunday
- Coffee fellowship following the Sunday morning service



MISSION STATEMENT

Mount Carmel
 is a Welcome Place
 that proclaims the Good News
 of God in Christ,
 through word and deed,
 to serve all people.



VISION STATEMENT

God's Work—Our Hands
 Believing Christ calls us to
SERVE,
 we act with **LOVE,**
 inspire **HOPE,**
VALUE others
 and **CARE** for the world.

**MONTHLY MUSINGS
 FROM PASTOR JOHNSON**

Partnership Talks with Capitol Drive Lutheran Church

In recent days, our leadership have been invited by leaders of Capitol Drive Lutheran Church (N. 53rd & W. Capitol Drive) with the support of the Greater Milwaukee Synod, to engage in a preliminary discussion about a long term mission strategy on the west side of Milwaukee that would involve some possible linkage between Mount Carmel Lutheran Church and Capitol Drive Lutheran Church.

An appropriate first step in conversation would be the appointing of Partnership Exploration Teams by both congregations to study *why* the two churches might wish to form a partnership. These teams would discuss such questions as:

- Can our mission goals be accomplished better with another church than alone?
- Do we have resources and gifts that we wish to share or receive from another church?
- Do we have enough time and energy to devote to a partnership?
- Do we have a willingness together to reach people in the community who do not necessarily reflect the current composition of the congregation?
- Could our combined resources be used to assist in that purpose?
- Do the congregations share similar vision and mission goals?

Currently, we are looking for up to six members from Mount Carmel that might be interested in being a part of this exploratory team. At this time, Darlene Siebert, Joel Richmond and Woody Jarvis have indicated their interest, so we would like to have three more volunteers for this work. These folks would meet approximately six times between now and October. **If you might be interested in serving as a team member, please contact Pastor Johnson or Dick Basham, Congregation President.**

The Rev. Larry Peers of the Alban Institute and the Rev. Sandy Chrostowski, ELCA Director of Evangelical Mission in our synod, will be assisting in these discussions. The goal of these exploratory teams would be to make recommendations for “next steps” to their Church Councils by the end of October 2011.

BULLETIN BOARD

The Church Office will be CLOSED:

JULY 4, 5, 6, 7

JULY 19 and AUGUST 10

Phone/e-mail messages will be checked a few times each day and will be replied to as needed. In case of an emergency, the telephone system will direct the caller on how to contact one of the pastors.

New Church Staff Position Available

Congregational Life and Food Ministry Coordinator

We are looking for a part-time person (approximately five hours a week) to help coordinate Congregational Life events and the SON-shine Suppers. Very flexible hours. Work with some of the nicest people you can ever imagine—Mount Carmel members and staff! This person will coordinate SON-shine Suppers; Center Street Celebration; All Saints' Progressive Dinner; Advent Lessons & Carols Brunch; Deck the Halls; and Lenten Soup Suppers.

If you are interested, please send your résumé to the Church Office in c/o Pastor Johnson. All résumés must be in the Church Office by 5:00 p.m. July 15th to be considered.



Worship Schedule Change for the Fall

Beginning Sunday, September 11, 2011

We are making a slight modification in our Sunday morning worship schedule this fall. **Our first service will now begin at 8:30 a.m.** There will be a 50-minute Sunday school / adult education period; the second service will begin at 10:45. **The 5:00 p.m. Saturday service will continue through fall until the end of October.**

The fall worship & education schedule will be:

- ✠ Saturday evening worship at 5:00
- ✠ Sunday morning worship at 8:30
- Sunday school & Adult Education from 9:45-10:35 a.m.
- Worship at 10:45 a.m.

Find Mount Carmel on Facebook

If you're on Facebook, come join the other 160+ members of our group...search groups for *Mount Carmel Lutheran Church*. Check it out!

Congratulations!

We congratulate **Alyssa Perkins** (daughter of Cheryl Orlando) who graduated from high school in June. Her name was not included on the list with other grads in the June *Tidings* newsletter. We regret the error.

Please contact the Church Office if you are a recent college graduate or have received a special award or recognition so that we can celebrate with you—this includes students of all ages.



SECURING OUR
FOUNDATION
BUILDING OUR FUTURE

“According to the grace of God... like a skilled master builder I laid foundation, and someone else is building on it. Each builder must choose with care how to build on it.”
1 Corinthians 3:10

This is the theme and the logo of the Capital Fund Drive at Mount Carmel. Members of the core team for the Appeal are: Kay Austermann, Mary Basham, Kathy Dirkse, Craig Leach, Jim Oppermann, Becky Yakes, and Pastor Johnson. They have been meeting regularly throughout the spring to coordinate and recruit many willing workers for the campaign that kick-offs after Labor Day. Working in conjunction with the James Company, we have found a wonderful excitement surrounding the Capital Fund Appeal and the work that it will allow our congregation to accomplish.

In Appreciation

We are extremely grateful to the many kind, benevolent souls who assist with various projects (inside and out) around the church building and Grace Place, help with office tasks, and oversee some of our special ministries on a continual basis with their gracious gifts of time, talents, and resources. We especially thank:

...**John & Pat Brandstaetter, Gary Berg, Diane**

Roznowski & Sam Johnson, for keeping the church and Grace Place grounds looking well-cared for.

...**Joel Richmond**, for handling fire alarm issues.

...Those who assist with various office projects and coordinate some of our special ministries: **Caryl & Bob Braatz, Barb Brown, Gayle Casey, Jeff Czarniak, Mary Eide, Tom & Laura Frank, Dorothy Gillet, Betty Henrich, Rosemary Link, Amy Joannes, Annette Johnson, Jeremy Johnson, Caryl Klug, Paul Kromm, Gary Rosech, Pam Swade and Greta Watson.**

...**the many others whose names are not mentioned, but graciously and generously provide their time, talents and resources in many ways to continue and strengthen the ministries of Mount Carmel—thanks so very much!**



Thank you, Thrivent!

We thank the West Central Chapter of Thrivent Financial for Lutherans for approving three grants for ministries at Mount Carmel: \$200 to purchase paint for the Grace Place garage; \$300 for yarn for the Prayer Shawl Ministry; and \$400 for our LWR Quilters to purchase a new sewing machine and make repairs to other older machines. Funding these types of service projects is part of the mission of Thrivent. We also would like to remind all Thrivent members that you can now direct dollars to institutions of your choice—thanks to **Gregg and Sue Fuhrman, Ron and Mary Eide, Merle Heller, Vera Silseth, and Harvey & Betty Mathison** for directing their Choice Dollars to Mount Carmel Lutheran Church.

BULLETIN BOARD

- continued -

An Update & Note of Thanks
from our Seminary Student

Dear Mount Carmel friends:

It has been awhile since I've had the opportunity to update you on my progress.

Persons seeking ordination as pastors in the ELCA are expected to participate fully in all steps of the Candidacy Process. That includes: 1. Entrance; 2. Endorsement; and finally 3. Approval. Approval occurs when the candidate articulates the call to ministry and demonstrates readiness to assume a leadership role as a rostered minister. A positive decision must be made in order to be available for assignment, ordination, and first call for service to this whole church. Approval occurs after interviews with seminary faculty, the candidacy committee, and also after all field education requirements are fulfilled – ministry in context (teaching parish), clinical pastoral education, and internship.

I'm pleased to report that on April 8 the faculty of the Lutheran School of Theology voted to approve my candidacy. On April 30 a panel of the Candidacy Committee of the Greater Milwaukee Synod also voted to approve my candidacy for ordination. I have a few more classes to finish at Lutheran School of Theology at Chicago and then will be open for ordination and my first call. That likely will occur about this time next year, if not sooner.

I am currently finishing the final months of a one-year chaplain residency at Advocate BroMenn Medical Center in Bloomington, IL. I am assigned full time to hospice and pediatrics. I've rotated into the mental health unit, the bereavement group, and adult daycare. These experiences have enriched my appreciation for and love of pastoral care. It is my prayer that I will bring new skills and insights to a parish with me once I am called to a congregation.

No part of this journey would have been possible without the love and support of my home church, Mount Carmel. You have prayed for me, offered notes of care, encouraged me during visits back to Milwaukee, and given generous financial support through the Mount Carmel Endowment Fund. Pastor Johnson and Pastor Rachel acted as mentors and guides, giving kindly of their time and talent. With a full and grateful heart, I offer my deepest thanks to each of you.

In peace.
Christine McNeal

Christian Education

Vicki Andrew, Coordinator

"God was Wild About Us" here all week at our PandaMania Vacation Bible School adventure! During June 20-24, over 55 students enjoyed singing songs led by Mrs. Roznowski; watching skits performed by our pastors, PJ and Pastor Maren; making crafts; snacking on treats; looking for God sightings; exercising outside; and making new friends! My heartfelt **THANKS** to all our volunteers, especially, my VBS director, **Harold Beidinger, the pastors, and all the other Mount Carmel staff members.** My site leaders: **Kathy Crawford, Louis Nemes, Heather Adams, Mary Eide, Shirley Napgezek, Barb Steidl, Lara Vance, Nicole Beier, Sue Skony, Emma Watson, Judy Lukas, Jean Ann von Rohr, Julie Karnthaler and Suzanne Koch** were invaluable in making this week a huge success.



VBS would have been impossible without the tremendous help from many of Mount Carmel's youth. We had crew leaders from 6th through 12th grade that shared God's love with all the students throughout the week. We hope to see everyone next year: **Same time, Same place!**

Our monetary benevolence of **\$302.35** for VBS this year was given to the **Make-A-Wish Foundation of Wisconsin.** The mission of the foundation is to grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. The VBS kids also donated **208 food items** for **Reformation Church's food pantry, 295 paper products** to **Tosa Cares,** and **220 books** for the **Next Door Foundation.** **Thanks to all of our generous and caring families!**



A HUGE thank you to all the Mount Carmel Sunday school families for giving so generously each week for Sunday school benevolences. The Christian Education Committee presented **ELCA World Hunger** with a check in the amount of **\$382.01** that was collected from February to May, 2011.



The Christian Education Committee wants to express their gratitude to **Phil & Barb LeClaire** for their many years of service as Mount Carmel's Sunday school superintendents. They faithfully offered their support, substitute teaching and Christmas program assistance for all of our teachers and students.



☞ **Save the date: Sunday, September 11th** ☞
Welcome Sunday Pancake Breakfast and Rally Day!

CONGREGATIONAL MEETING MINUTES
OF MOUNT CARMEL LUTHERAN CHURCH
Sunday, June 12, 2011

Call to Order

Todd Laszewski – Vice President of the Congregational Council, called the meeting of the Mount Carmel Lutheran Church Congregation to order at 9:53 a.m. on Sunday, June 12, 2011. The meeting took place in the Sanctuary immediately following the morning service. The purpose of the meeting is to elect Executive Committee members, Congregational Council members, and Nominating Committee members. We will also ask to approve the Addendum to the Mission in Exploration Team (MET) Report and the updated Congregation Profile to be used for the Call process.

Roll Call

We require 42 confirmed members to have a quorum. There were more than 42 in the Sanctuary for service; therefore, we have a quorum.

Election of Executive Committee Members:

- Nominated for Executive Committee
- Gena Ridanpaa – Secretary (second term)
 - Gary Roesch – Treasurer (first term)

Todd Laszewski asked for a motion on the nominations. Motion by: Woody Jarvis; Second by: Al Hurlebaus
The nominees were elected.

Thank you to Forrest Ramsel – outgoing Treasurer

Election of Congregational Council Members:

- Nominated for Congregational Council
- John Brandstaetter (first term)
 - Jeff Czarniak (first term)
 - Garrett Goodrich (first term)
 - Patricia Lindert (first term)
 - Julie Van Cleave (second term)

Todd Laszewski asked for a motion on the nominations. Motion by: Woody Jarvis; Second by: Al Hurlebaus
The nominees were elected.

Thank you to Tony Laszewski, Clare Schaeffer, Phil LeClaire and Dick DesChane – outgoing Congregational Council Members

Election of Nominating Committee Members for a two year term:

- Nominated for the Nominating Committee:
- Forrest Ramsel
 - Darlene Siebert
 - Woody Jarvis

Todd Laszewski asked for a motion on the nominations. Motion by: Woody Jarvis; Second by: Al Hurlebaus
The nominees were elected.

Approval of the Addendum to the MET Report and the Congregation Profile:

For the purpose of facilitating the Call Process for our Associate Pastor position. Documents can be found on the MCLC website.

Todd Laszewski asked for a motion to accept the Report and Profile.

Motion by: Julie Van Cleave Second by: Woody Jarvis
The addendum and profile were accepted.

Adjourn – Todd Laszewski

Motion to adjourn: Doug Mann
Second by: Woody Jarvis
The meeting was adjourned at 10:00 a.m. on Sunday, June 12, 2011.
Respectfully submitted by:
Gena Ridanpaa
Secretary of the Congregational Council

THANK YOU • THANK YOU • THANK YOU

There are so many volunteers that make Mount Carmel a wonderful ministry center. On Pentecost Sunday, we celebrated the gifts of the Spirit with fire and dance, and thanked all the wonderful volunteers of our congregation who enhance our ministries with their gifts of talents, time and resources.

We especially want to acknowledge the outgoing members of the Congregational Council and Executive Committee for the time they've served: **Dick Deschane, Tony Laszewski, Phil LeClaire and Clare Schaeffer.** *Thank you for all the energy and insight that you have brought to our congregation through your leadership positions!*

We welcome our newly elected Executive Committee members—**Gena Ridanpaa**, Secretary and **Gary Roesch**, Treasurer—as well as Congregational Council members: **John Brandstaetter, Jeff Czarniak, Garrett Goodrich, Patricia Lindert and Julie Van Cleave.**

We also welcome the new Nominating Committee members: **Woody Jarvis, Forrest Ramsel and Darlene Siebert** who will work along with **Kathy Beier, Max Marti and Mary Schmidt.**

Forrest Ramsel has served faithfully as treasurer for the past four years (unfortunately for us, his term limit is up). *Thank you, Forrest, for the incredible job you've done keeping track of our finances and creating and implementing budgets during these challenging financial times.*

COMMUNITY LIFE

Tuesday Morning Bible Study

10:00-11:00 a.m. Fellowship Hall

NOTE: No meeting on July 5th, 19th 26th

Join other adults on Tuesday mornings this summer as they are led by our very insightful Pastor Johnson on a journey of faith. Come once and you'll desire to come back every week. Bring a friend, neighbor, or a family member.

The Blessing of the Animals

Saturday, July 9th
5:00 p.m. Worship Service
Fellowship Hall



*"All creatures of our God and King,
lift up your voice with us and sing!"*

In the spirit of Saint Francis, who saw God in the whole creation and believed in our divine calling to care for all creatures of the world, we will gather up our cats and dogs and turtles and birds and bring them to this special time of worship held in the Fellowship Hall.

The service will celebrate the beauty of creation and will conclude with a blessing of the animals. This blessing will remind us of the special place the creatures of the earth have in our lives and our need as God's chosen caregivers of the planet to care gently for them.

*"Let all things their Creator bless,
and worship God in humbleness Alleluia!!"*



Men's Ministry

Sundays: July 10th & 24th and August 14th & 28th
Brunch at 10:15 a.m.

Viewing & discussion completed by 11:15
Fellowship Hall

Men's Ministry has been restructured for the summer months, and Pastor Johnson invites all guys (non-members, too!) to join him for a time of fellowship and sharing God's word. The men are using a series from PBS entitled, "From Jesus to the Christ" which is a professional and powerful documentary on how mainline Protestant Christians have come to understand the Bible in the 21st century. According to PJ, "This documentary unfolds biblical history in eight hours in the same way that took me four years of seminary to understand!" Anyone interested in providing brunch goodies should contact PJ.

SHARE Food Buying Co-Op

Sundays: July 10th and August 14th
10:00-11:00 a.m., Fellowship Hall

Purchase fresh produce, frozen meats, as well as canned and dry goods for about half of supermarket prices! This is not a fund raiser and ANYONE can buy food at the Market, so be sure to tell your neighbors and friends. Or, consider purchasing non-perishable food to donate to Reformation Church's food pantry. (There will be baskets at the checkout area.) If you buy groceries and like to save money, then SHARE is for YOU! Cash, credit cards or QUEST cards (*sorry, no checks*) will be accepted for payment. If you can help out and volunteer that morning, or distribute flyers in the neighborhood the week before, please sign up in the Narthex or contact Diane Roznowski, 414-258-8893 or droznowski@mountcarmelchurch.org.



◆ Blood Drive

Friday, July 15th, 1:30-6:30, Fellowship Hall

We are pleased to co-host another blood drive with the BloodCenter of WI. The BCW is the only supplier to 50+ area hospitals. Each day it needs to collect more than 800 units of blood, and thirty percent of that total comes directly from mobile drives like those Mount Carmel sponsors.

To be a donor, please sign up on the schedule in the Narthex when you are at church. A reminder postcard will be sent to you ahead of time; however, we ask that you make a note of the time you sign up for at home. If you need to change your appointment time, please contact Jenny in the Church Office during business hours to re-schedule: 414-771-1270 (Monday thru Friday, 8-12; 1-5).

Journeying Through Grief

Sundays, July 17th and August 14th
Chapel, 10:00 a.m. (*note time change due to the summer worship service at 9:00*)

Kathy Czarniak, Facilitator

Entering the red doors on 84th Street (below the *Welcome Place* sign) you will find the Chapel through the first set of doors on your left. Adult members and non-members who have experienced the death of a loved one are invited to attend. This is an ongoing group where you are safe to share your story or to sit quietly and listen. It is a welcoming environment where you will be supported no matter where you are in your journey toward healing.



My country 'tis of thee, sweet land of liberty, of thee I sing;
Land where my fathers died, land of the pilgrim's pride,
from every mountainside let freedom ring.

Samuel F. Smith, 1808-1895

COMMUNITY LIFE

- continued -

Sisters in the Spirit

The activities and events listed below are geared toward women of ALL ages...non-members are always welcome. You are invited to participate whenever the Spirit moves you! Watch for additional opportunities to develop your faith, serve others in the community, cultivate friendships and enjoy Christian fellowship in the months ahead. Please contact Pastor Maren or the Church Office if you would like more info or have questions: 414-771-1270 or pastormaren@gmail.com. We hope to see you at any of the following:



Prayer Labyrinth

Outdoor Labyrinth Walk
Saturday, July 16th, 8:45 a.m.
Mount Mary College

Whether you have participated in labyrinth prayer/meditations before or not...come and explore this rich spiritual practice that helps us slow down and listen to God speaking in our lives. Short scripture verses will also be available if you'd like to use them for personal prayer/meditation. Meet at church at 8:45 a.m., then we will carpool over to Mount Mary. Women of all ages are welcome!

Night Out with Friends

Saturday July 30th, 7:00 p.m.



Vino 100, 1442 Underwood Ave., Tosa Village
 Come over to Vino 100 and enjoy a night out with friends! "Tonight, the City Skyline" an Indie/Pop band based out of Milwaukee, will be playing original music from their new CD. Music runs from 7-10 p.m. Come when you can, bring a friend. Hopefully we can be out on their outdoor patio!

Bible Study

Monday, August 15th, 6:30-8 p.m., Grace Place

Topic: Rejoice in the Lord

We live in a context where our lives are rarely free from complexity, struggle, and demands. In the midst of all of this, what does it mean to "Rejoice in the Lord always?" We'll explore this question and more in this conversational, exploratory Bible study. In this Bible study, we'll explore Philippians 4:4-7, as well as Miriam's witness (Old Testament) and the witness of a paralyzed man's friends (Mark 2:1-12). Whether you have participated in multiple Bible studies or none, please come and be refreshed through God's Word. ALL are welcome! Bring along a Bible, a journal/notepad, and if possible, a friend!

Lutheran World Relief Quilters

Mondays: July 11th, 25th and August 8th, 22nd
9:00 a.m.-1:30 p.m., Fellowship Hall

The ladies continue their important work of quilt making, and invite you to join them when you are able. Many hands are always needed and appreciated, so please consider coming to their workdays and stay as long as you'd like. If you can't work with the women, please remember them with contributions of cloth, sheets, drapes, tablecloths, etc. It is your generous contributions that allow them to continue this ministry to others around the world.

Sports Ministry

Our men's softball team plays on Tuesday evenings at Hart Park and Whitman Middle School in the Tosa Rec Department's Church League. Come out to cheer and support our guys!

Thanks to Schmidt & Bartelt Funeral Service (Bob & Mary Schmidt, church members) for sponsoring the team again this year!

Hart Park: N. 72nd & W. State Streets

Whitman Middle School North: N. 111th & W. Center Streets

	<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Opponent</u>
JULY	5th	6:30	Whitman	Our Redeemer
	12th	7:30	Hart Park	St. Matthew
	19th	9:30	Whitman	Bethany/Calvary/S&B
	26th	9:30	Hart Park	St. Pius X
AUG.	2nd	8:30	Whitman	St. Bernard

Milwaukee Brewers Concession Booth

Various members of Mount Carmel are again manning a concession booth during the baseball season. This is a fun group-building experience with the capacity to earn about \$1000 per game for Mount Carmel. Look for our concession booth if you happen to be at any of the games listed and stop by to say *Howdy!* and buy some refreshments: **July 8th, 30th; August 14th; September 8th, 10th, 24th, 26th.** Many thanks to the numerous volunteers who are making this fund raiser possible by donating their time and sweat equity!

Family Camp

Sunday, August 7th-Friday, August 12th

Crossways Imago Dei Village, Clintonville, WI

Consider attending Family Camp at Crossways Imago Dei Village with other Mount Carmel families this summer. It'll be the BEST vacation your family will EVER have! Please check out the details in the Crossways brochures in the Narthex or Sunday school wing.

☆ 5th Annual Center Street Celebration ✨

Thursday, August 18th, 5:00-8:00 p.m.

Everyone is invited to Mount Carmel's spectacular neighborhood block party! Come enjoy music, food, and tons of fun on the lawn between the church and Grace Place. In case of bad weather, we will move indoors.



COMMUNITY LIFE

- continued -

Life Transitions Ministry

To create spiritual, educational and social opportunities for senior congregational members and to inspire hope, and caring as they adapt to life-cycle transitions.

Kathy Czarniak, Coordinator

(414) 771-1270, ext. 26; kcarniak@mountcarmelchurch.org

The summer flyer has been mailed; copies are also available on the shelves near the Stage Lounge and in the Narthex.

Who: All members & friends of Mount Carmel of any age.
What: An hour-long walking tour of the Lynden Sculpture Garden (formerly the *Bradley Sculpture Garden*) which was the estate of the late Harry Lynde Bradley & Margaret (Peg) Bradley. The tour offers a unique experience of art in nature through its collection of more than 50 monumental sculptures sited across 40 acres of park, lake and woodland. Skilled docents guide us through the garden.

When: Monday, August 15th

- 8:00 a.m. – Arrive at church
- 8:15 a.m. – Carpoolers depart for the 25 minute drive
- 9:00 a.m. – Tour begins (wear comfortable, weather-appropriate clothes)
- 10:00 a.m.- Tour ends and you are free to tour house & galleries
- 11:00 a.m. Approximate departure to local restaurant for lunch



RSVP: No later than Sunday, July 24th. Cost of tour \$12. Checks to be made out to Mount Carmel Lutheran Church, “Garden Tour” on memo line. Cost of lunch afterwards additional and on your own.

Food Ministry

Kathy Czarniak, Coordinator

414-771-1270, ext. 26, kcarniak@mountcarmelchurch.org

The SON-shine Supper food ministry that began last year at Mount Carmel has distributed meals to congregational members who have recently had babies and to those who have returned home after hospitalization or rehabilitation. This ministry is in need of a few more cooks to help us prepare meals. The recipes are selected, groceries are purchased and it usually takes no longer than two hours, so all you have to do is help with the cooking! If you are a “want-to-be chef” or love to cook, please contact Kathy Czarniak or call the Church Office.

Thanks again for all those who have recently been active in the SON-shine Supper food ministry: **Kathy Beier, Pat Brandstaetter, Connie Daugherty, Bruce Efflandt, Karen Gullicksen, Doreen Horak, Louie Nemes, and Lara Vance.** Thanks also to the meal recipients who have sent back the “feedback” postcards—it’s great to read your comments and know that our efforts have been well received! It is wonderful to know that you find the meals not only helpful, but delicious. Please know that if you need further support, we encourage you to let the Church Office or one of the pastors know.

Opportunities for Seniors

Retired Volunteers Needed for Study Examining Sedentary Behavior & Health

A research study currently being conducted at the University of Wisconsin-Milwaukee is examining the relationships between sedentary behaviors and health in retired Caucasian adults over 65 years of age. All eligible study participants will wear two small devices to measure their physical activity and sedentary behavior, complete three diaries, and answer three questionnaires over a one week period, as well as receive a cholesterol screening: high density lipoproteins, low density lipoproteins, total cholesterol, triglycerides, and blood glucose. Additionally, participants will receive one bone scan: a total body scan. Information provided by research participants will be considered confidential and study-related services will be provided at no cost.



Senior Adults

For more information, contact: Elizabeth Grimm 414-229-4392 at the University of Wisconsin-Milwaukee under the direction of Scott J. Strath, PhD, Principal Investigator.

Luther Manor Sizzlin’ Summer ☼ Special:

\$15,000 off one or two-bedroom apartment homes in the Terrace at Luther Manor

The Terrace at Luther Manor’s spacious one and two-bedroom apartment homes include all the amenities you would expect from a caring, faithful community. Luther Manor’s Life Enrichment program offers a wide range of leisure and wellness opportunities including shopping trips, theater outings, hobby groups, game leagues, fitness classes and personalized wellness programs. A dining program is available and offers several unique options for you to enjoy. A menu of supportive services is also available to help you remain safe and comfortable in your apartment home.

For more information on how you can take advantage of this hot offer, contact Mari Jambura at 414-464-3880, ext. 334 or mjambura@luthermanor.org

LUTHER MANOR
 4545 N. 92nd Street • Wauwatosa, WI 53225
 414-464-3880 • www.luthermanor.org

SERVICE TO OTHERS

Reformation Lutheran Church✿ Summer Work Program

This year marks the 26th anniversary of the Reformation Summer Work Program. Throughout the month of July, children and young adults from Reformation will gather together three days a week to pray, laugh, and work on projects to beautify the neighborhood. Teenagers will also receive instruction on how to create a résumé and cover letter and interview for jobs. At the end of the summer, the young people who have participated will each receive \$250 to go toward their school supplies and clothing for the fall.

You can support this program by helping volunteer with the kids or by lending your educational skills to the high school students. Donations are also being accepted to help sponsor a student worker. Look for the *Giving Tree* in the narthex and take an amount you would like to give. Place this in a white pew envelope and either put it in the offering plate or black mailbox outside the ushers' closet. Checks may be made out to *Mount Carmel* with a note that they are for the *Work Program*. We will send one larger check when all the contributions have been collected. Thank you for your ongoing partnership with the children of our church and our city so that they can grow up strong and rooted in Christ!

Neighborhood Store

Reformation is in special need of items to fill their food pantry. This is an ongoing need all year, but in summer less food is brought in due to decreased summer attendance at partner churches, yet the need is higher due to school being out. You may bring food to Mount Carmel any time and put it in the *Giving Place*. Families, adults and children alike may bring food forward during the offering at any service and place it in the baskets at the altar. If bringing food is cumbersome, you may give cash or write a check to *Mount Carmel* with a note designating *Reformation Food Pantry*, and put it in a pew envelope in the offering plate. Summer pantry needs include: **peanut butter and jelly, cereal that kids would like and instant oatmeal, canned ravioli or spaghetti, microwave or boxed macaroni and cheese, fruit cups and applesauce, hygiene items, and household cleaning and paper products.** Thank you!

Luther Manor Cookie Appeal

As in the past, the month of August is Mount Carmel's opportunity to provide cookies for the coffee cart and Health Care residents at Luther Manor. Good news this year—we will again be able to accept homemade cookies as well as those purchased. Softer type, no nuts please! Please label your cookies with the quantity and variety. If you need containers, contact Mary Hofmann at 414-453-0447. Please leave your donation on the designated kitchen counter at church and we will deliver them to the Manor. Thank you for participating in this special ministry.

Habitat for Humanity Workday

Saturday, July 30th and Saturday, August 27th

9:00 a.m.–3:00 p.m., Locations TBA

Want to put “God’s Work, Our Hands” into action? Volunteering with Habitat for Humanity is a great way to do that!

Volunteers are the lifeblood of Milwaukee Habitat for Humanity. Habitat homes are constructed almost entirely by volunteers.

No prior construction skills are required—just a positive attitude and

willingness to learn! On-site crew and house leaders will train you the day of. Possible tasks for the day include: drywall, insulating, painting, landscaping. If you are interested, please sign up in the Narthex or contact Pastor Maren. We will let you know beforehand where in Milwaukee our site will be.



HABITAT
Project

For details on what to bring, what to wear, schedule, etc., see www.milwaukeehabitat.org/pdfs/Volunteer-FAQ.pdf

Other workdays are scheduled for: September 24th, October 22nd, November 12th (all Saturdays).

Serenity Inns Meal

Wednesday, August 31st, 5:20 p.m.

Mount Carmel members are once again invited to participate in the dinner fellowship program at Serenity Inns. Serenity Inns is a long-term residential treatment program for men who are recovering from drug and alcohol addictions. The dinner fellowship program gives these men an opportunity to meet with people in the community to share a meal, prayer, and conversation about what it means to be healthy in body, mind, and spirit. Mount Carmel will need no more than six people to bring this meal on the evening of Wednesday, August 31st.

We will meet at Mount Carmel at 5:20 to carpool to the Inn, which is located at N. 28th and W. Brown. Dinner will be served at 6:00 and the group will return to Mount Carmel shortly after 7:00 p.m. If you would like to be a part of this ministry, please sign up in the Narthex for the part of the meal you would like to provide or contact Kathy Refsell, 262-251-5463.

Make a Difference Marketplace

Lower narthex

Open Sunday after the 9:00 a.m. worship service

It's your one-stop shopping place for products and services that will help you *make a difference* with your purchases. You will find Mount Meru coffee, LWR chocolate and tea (NEW!), Mount Carmel green bags, stainless steel water bottles and mugs, earth-friendly cleaning products, homemade cards, and other products that will help Mount Carmel *make a difference*.

SERVICE TO OTHERS

- continued -

Mission of the Month Benevolences

July: GREATER TOSA INTERFAITH

July's Mission of the Month benevolence designation is for the *Greater Tosa Interfaith* (located at 1529 Wauwatosa Ave., Wauwatosa). This organization links older adults with a caring community by:

- connecting the person w/established community services
- providing info to family and friends who are caregivers
- recruiting and supporting caring volunteers who provide informal services to older persons



Any older adult living in our neighborhood is eligible for services, such as: *transportation, visiting, shopping, errands, assistance with health insurance forms, minor home repairs, spring / fall yard cleanup chores, advocacy & referral.* Call 414-453-5750 for info about these services. Because of congregational sponsorship, there is no charge for services. In addition, Greater Tosa Interfaith is supported

by other congregations, community groups and individuals. Donations, special occasion gifts, memorials, and bequests are gratefully accepted.

Greater Tosa Interfaith can also provide information about: *home delivered meals, Social Security / SSI, Title 19, housing, senior clubs, spiritual needs, nursing homes, adult day care, Medicare, homemaking services, energy assistance, home health care, respite for the caregiver.* Contact the Interfaith office at 414-291-7500 for more information about programs it offers and ways you can volunteer your time and talents. Thanks in advance for your kind, generous donations that will support many in our neighborhood.

August: NEHEMIAH PROJECT

The designation for the August Mission of the Month benevolence is the *Nehemiah Project*, a home-like place for inner-city youth to stay while they seek to transform their lives. In addition, the organization operates programs that encourages interracial dialogue and is home of the Milwaukee Chapter of the International Forgiveness Institute. Thanks in advance for your generous support to this worthwhile cause.

"The Gathering" Hot Meal Program

Coming to Mount Carmel in September

Mount Carmel and The Gathering (a hot meal distribution program sponsored by the Milwaukee Hunger Taskforce) are partnering on a pilot project at Mount Carmel to serve a hot meal on the 4th Saturday of every month beginning in September 2011 (on the 24th). The meal is free & open to the public, but is particularly targeted to low income residents of our community. The meal will be served from 11:30 a.m.-12:30 p.m. in Fellowship Hall. If you would like to volunteer to assist in this important project for our neighborhood, please contact the Church Office or Dani Ovanin who is coordinating this new ministry, 414-771-1270, ext. 17.

Lutheran World Relief

School Kits

We already have 150+ school bags sewn and waiting to be filled with school supplies. These kits are needed by children in poor or disaster affected countries in order to be successful in school. Please remember these children & purchase one or more of the starred items listed below as you shop. Each kit will contain the following items (the list has changed a bit):

- * Four 70-sheet notebooks of wide or college ruled paper; no loose-leaf paper
- * One 30-centimeter ruler, or a ruler with centimeters on one side and inches on the other
- * One pencil sharpener
- * One blunt scissors (safety scissors with embedded steel blades work well)
- * Five ballpoint pens (no gel ink)
- * One box of 16 or 24 crayons
- * Five new, unsharpened #2 pencils with erasers
- * One eraser, approximately 2 1/2 inches long

Donated items can be placed in the LWR School Supplies box in the *Giving Place*. If you have any questions, please call Mary Eide at 414-258-3767.



Layettes

Please note the new requirements for layettes:

- * Pajamas - **without** feet
- * Undershirts - **no** Onesies
- * Socks
- * Hats
- * Hooded sweaters
- * Sweat shirts
- * Small towels - instead of washcloths
- * Receiving blankets - new or lightly used
- * Flannel to make receiving blankets & cloth diapers
- * Ivory soap

Clothing items should be in sizes 0-24 months

Donated items can be placed in the LWR Layette Supplies box in the *Giving Place*. If you have any questions, please call Caryl Braatz at 262-821-0332.

Outreach for Hope

Biking and Picnic Event

Saturday, Sept. 10th, Glacial Drumlin Trail, Dousman

There is something for everyone at the Biking Event. Choose a short, paved trail ride or a longer mapped ride. Go to outreachforhope.org and click on the *Family Bike Ride* page for all the details.



Outreach for Hope raises funds for congregations in the Greater Milwaukee Synod which serve central city neighborhoods and have made a commitment to remain a strong source of spiritual and community support. There are 22 ministries being supported by OFH, with \$335,000 needed this year from individuals and special gifts. Please learn more about how you can be a donor to this vital work of the church. Go to the OFH Web Site, or contact the Director, Rev. Jim Bickel, at 414-671-1212.